A Guide to Self-Isolation in St Peter’s Accommodation
Michaelmas 2020

Students travelling to St Peter’s from countries not on the UK government’s list of exemptions must self-isolate for 14 days upon arrival: https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors#countries-and-territories-with-no-self-isolation-requirement-on-arrival-in-england

You should travel straight to your accommodation upon arrival in the UK. The link below explains what is expected of you in self-isolation: https://www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk

You must give to the UK authorities your journey and contact details 48 hours before your departure to the UK using this weblink: https://www.gov.uk/provide-journey-contact-details-before-travel-uk

You can choose where in the UK you would like to self-isolate on arrival, but St Peter’s College can make accommodation available ahead of term for those who will be in College accommodation for the rest of the year.

This guide provides information for those in St Peter’s own accommodation and does not apply to those in private rental or University accommodation. Those people are still required to adhere to the government’s quarantine requirements but should make their own arrangements for arrival with your relevant landlord (private landlord or University).

Arrival
Upon arrival in the UK, come immediately to the Porter’s Lodge at St Peter’s College where your temperature will be taken. After checking in, you will be directed straight to your allocated accommodation where you will then remain for the next 14 days. We know that isolating for 2 weeks will not be easy but staff, welfare officers and fellow students will help support you during your period of self-isolation.

Arrival Date
Freshers’ Week starts on Sunday 4 October. If possible, you should arrange to arrive in the UK at least 14 days ahead of time (that is, by 19 September) so that you can complete your self-isolation period without missing the in-person (socially distanced) events planned for Freshers’ Week. Welcome events start on Monday 5 October; welcome events for graduate courses start around the same time but will vary by course.

Please liaise with our Accommodation Manager (accommodation@spc.ox.ac.uk) regarding your planned arrival date in Oxford, the status of items for which you may have arranged delivery in advance of your arrival and whether you will need any key items from us (see below) to facilitate your arrival.

Accommodation
If you have been allocated St Peter’s own accommodation for the 2020/21 academic year, then you will self-isolate in the same room in which you will then spend the rest of the year. This may be on our main site or in one of several annexes very close to College. You will be charged rent for the room at the normal daily rate. If, however, you are experiencing financial hardship, details of the support that can be available in cases of evidence-able need can be obtained from our Student Finance Officer (katie.pullen-rowland@spc.ox.ac.uk). If you will
struggle to pay the rent, you should not hesitate to be in touch with Katie Pullen-Rowland to
discuss your situation.

Except in an absolute emergency, no other person may enter your room for the 14-day
period nor may you enter another person’s room in this period.

What you will find in your room
Rooms are simply furnished with bed, desk and chair, armchair and wardrobe and drawers.
There will be multiple power points. A few rooms have en-suite showers and toilets; most
have shared toilet and shower facilities within easy reach. Wi-Fi is available throughout the
site.

All students are asked to bring their own bed linen with them. If you are travelling with limited
luggage, you could purchase this in advance online and arrange to have it delivered to
College to coincide with your arrival. If this is not possible, towels, a duvet, a pillow and bed
linen can be supplied by College for the duration of your quarantine at a total cost of £6 for
the two weeks. If you would like College to supply your bed linens for this period, this charge
will simply be added to your ‘battels’ (ie your account with College) for settlement at the end
of term. You are asked to write to housekeeping@spc.ox.ac.uk if you would like College to
reserve bed linens for you for this period. We cannot undertake to wash these items until
your quarantine period is over. Please bring your own toiletries with you.

Food
If you are in St Peter’s rooms, then you may order food in one of two ways from the 19th
September:

1. St Peter’s own kitchen is able to deliver three meals per day, Breakfast for £4 and
   lunch and dinner each £5, so £14 each day charged to your battels (i.e. your
   account). There is no VAT or delivery charge. Please order at least a day in advance
   through uPay. uPay is an online booking mechanism which we use for dining in Hall,
   log-on details for which will be sent to you once your SPC email address is initiated.
2. Compass, the University’s third party supplier, is able to deliver three meals per day
   from the service described in the attachment at the end of this document. The cost
   for this will be c.£18 per day and this will be charged to your battels (ie your account).
   Orders need 48 hours’ notice.

Dietary requirements can be accommodated by both services. If you chose to use St Peter’s
service then you should make your first order food one day before your arrival. If the
Compass service, then order two days before arrival.

Your Compass order will be delivered to the Lodge or to your Annexe and our staff will then
bring it to your room. Please apprise accommodation@spc.ox.ac.uk of your Compass
delivery so that it can be brought to your own door for contactless delivery.

Other Deliveries
If you are in one of the annexes, you may order food from a local supermarket and/or use
commercial food delivery services such as Deliveroo, ensuring both that you are wearing
a mask and that you remain fully distanced from the delivery person as you take
delivery at the door.
If you are on the main College site, deliveries would come to the Lodge. Those in self-isolation cannot go to the Lodge and so would need to arrange for a non-quarantined friend to take delivery of the food and deliver it to your door.

If you are expecting a delivery and do not yet know people in College who can help in this way, please inform accommodation@spc.ox.ac.uk of your expected delivery with at least 24 hours notice. Where possible, our accommodation office will then arrange for your deliveries to be brought to your door for contactless delivery.

**Waste Collection**
Our cleaning staff will **not** enter your room whilst you are in self-isolation. Please leave food waste and packaging in your bin and place your bin outside your room from where it will be collected by St Peter’s cleaning staff each morning. A vacuum cleaner can be made available for your use. Please leave a note on your door asking your scout (i.e., the cleaner) to bring it to you. Cleaning products will also be provided to you on request.

**Personal Hygiene**
If your room has no en-suite shower or toilet, you may leave your room to use the shower and toilet allocated to you, returning to your room as soon as possible. Toilets and showers are cleaned daily by cleaning staff. However, you must also clean them before and after each use with materials provided.

**Laundry**
Requests for help with laundry can be made to housekeeping@spc.ox.ac.uk week days, 8am – noon.

**Outdoor space and exercise**
You may leave your room for fresh air and exercise in the relevant area assigned to your accommodation zone, as follows.

- If your room is in the Chavasse Building or New Building on the main College site, Chavasse Quad and the common room on the ground floor of the Perrodo Building will be for the exclusive use of those in self-isolation.
- If your room is in Matthews Building on the main College site, you may use Mulberry Quad for fresh air and exercise.
- If your room is in one of our annexes, you may use the small courtyard or garden that is part of your annex for this purpose.

Everyone self-isolating must stick to their own assigned outdoor area and not attempt to travel to another or beyond it in any other direction. Everyone self-isolating must stay at least 2 metres away from everyone else at all times, even from those who are themselves isolating. All common rooms and other communal areas are off-limits until your 14 days of self-isolation have been completed. Thank you to all for abiding by these rules in the interests of the whole community.

**Welfare**
The Dean for Welfare or one of our Welfare Officers will contact you soon after your arrival. They, or another member of the College staff will then contact you each day during your isolation period for a welfare check-in. This can be by phone, email or Teams chat depending on your preference.

Should you prefer to opt out of this daily welfare contact, you MUST email or text the Dean for Welfare (eleanor.tingle@spc.ox.ac.uk) each day in order that the College knows you are safe and well.
If you become unwell, please email accommodation@spc.ox.ac.uk and porters.lodge@spc.ox.ac.uk to inform them, detailing your symptoms. They will advise what to do next. If you have a welfare need, please contact the Dean for Welfare at eleanor.tingle@spc.ox.ac.uk.

Social Activities
Academics and JCR and MCR members will be running a programme of other afternoon activities across your period in self-isolation. You will be given details of this programme and how to access it on arrival. There will also be a series of virtual afternoon events run on an inter-collegiate basis.

Library
You may order books from our library and we will bring these to you contactlessly. Please email the Librarian david.johnson@spc.ox.ac.uk with book requests which can then be recorded on the system. A ‘student buddy’ will be able to deliver requested books to you. Please return your books in person at the end of the self-isolation period.

Doug Shaw, Bursar, August 2020
How to order

- Breakfast - Delivered with dinner the day prior
- Lunch - Delivered between 12.00pm and 1.00pm
- Dinner - Delivered between 5pm and 6pm

Please let us know your meat or vegetarian choice on the order form

Notes:
- All food will be delivered in disposable containers with disposable cutlery
  *Please let us know if this is not required*
- All dietary requirements will be handled on a case by case basis

• Drop offs will be delivered to the lodge or reception– unless otherwise requested. A site visit to the drop off location and appropriate access may be required prior to commencing deliveries.
Price

- Breakfast - £4.50 per person
- Lunch - £4.50 per person
- Dinner - £6.00 per person
- Snack box - £3.50 per person

*Please note VAT will be added at the standard rate.*

Delivery is included in the pricing

- Order forms (in the final pages of this pack) are to be sent to by 12pm two days before the meals is required and Thursday by 12pm for Monday delivery.
- Last minute requirements can be requested on a case by case basis by emailing [Samuel.Mitchell@compass-group.co.uk](mailto:Samuel.Mitchell@compass-group.co.uk)

- 72 hours notice is required for first deliveries to a new site

- All invoicing will be via the University to the College.
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<td>Egg mayonnaise &amp; watercress sandwich on malted wheat bread</td>
<td>Somerset brie, tomato &amp; pesto baguette</td>
<td>Cheddar, apple &amp; date coleslaw sandwich on white bread</td>
<td>Mozzarella, orzo &amp; pesto salad</td>
<td>Super greens wholemeal wrap (ve)</td>
<td>Two cheese &amp; spring onion sandwich on malted wheat bread</td>
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<td>Lamb keema indian inspired wrap with onion bhajis</td>
<td>Thai green vegetable &amp; chicken curry with jasmine rice</td>
<td>Beef &amp; bean chilli with herbed rice</td>
<td>Minted lemon pork escalope with green beans &amp; potatoes</td>
<td>Rosemary roast chicken leg with roast potatoes &amp; vegetables</td>
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<td>Thai green vegetable &amp; chickpea curry with rice (ve)</td>
<td>Butternut squash, spinach &amp; panner indian inspired wrap with onion bhajis</td>
<td>Thai red tofu &amp; vegetable curry with jasmine rice (ve)</td>
<td>Vegetable &amp; five bean chilli with herbed rice (ve)</td>
<td>Plant based hoisin stir fry with vermicelli noodles (ve)</td>
<td>Rosemary roasted artichoke &amp; vegetables with roast potatoes (ve)</td>
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<td>Moroccan spiced turkey &amp; bulgur wheat salad</td>
<td>Bacon, brie &amp; tomato chutney sourdough baguette</td>
<td>Coronation salad with madras spiced chicken &amp; roasted carrots</td>
<td>Tuna mayo, cucumber &amp; watercress sandwich on malted wheat bread</td>
<td>Sweet chilli chicken &amp; spinach wrap</td>
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<td>Cheddar ploughmans sandwich on white bread</td>
<td>Roasted pepper, onion, aubergine &amp; courgette pasta with tomato dressing</td>
<td>Falafel &amp; beetroot slaw sourdough baguette</td>
<td>Coronation salad with madras spiced tofu &amp; roasted carrots (ve)</td>
<td>Humous, roasted peppers &amp; rocket on malted wheat bread</td>
<td>Maple butternut squash, red onion &amp; spinach wrap</td>
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<td>Pork Pad Thai with vegetable samosas</td>
<td>Italian sausage, pepper &amp; olive frittata with roasted vegetables &amp; coriander cous cous</td>
<td>Chicken tikka masala with herbed rice</td>
<td>Korean inspired BBQ pork miso bowl with dim sum</td>
<td>Lincolnshire sausages, mashed potatoes &amp; onion gravy</td>
<td>Pang nua beef with coriander rice</td>
<td>Rosemary roast chicken leg with roast potatoes &amp; vegetables</td>
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<td>Cajun vegetable &amp; bean burrito with herbed rice (ve)</td>
<td>Teriyaki glazed tofu miso bowl with dim sum (ve)</td>
<td>Cap Cai Indonesian vegetable &amp; tofu stirfry with sweet chilli &amp; coriander noodles (ve)</td>
<td>Mushroom stroganoff with coriander rice</td>
<td>Pomodoro &amp; vegan parmesan penne pasta (ve)</td>
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ORDER FORM

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Special dietary requirements

Whilst every care will be taken to ensure the cross contamination is minimal within our kitchens, circumstances may arise which are out of our control and therefore we are unable to guarantee the absence of an allergen from a dish.