

COLLEGE NURSE



Our College Nurse is Kate Tempest. Kate can assist with health concerns, including sexual health advice. Kate links closely with the College Doctors' practice.

spcnurse@nhs.net she/her
Tel +44 (0)1865 278887 Staircase IV (Surgery)
2 hours each weekday in term time.
Details: www.spc.ox.ac.uk/welfare

COLLEGE DOCTORS

Jericho Health Centre
New Radcliffe House
Walton Street
Oxford OX2 6NW
Tel. +44 (0)1865 311234
www.leaverandpartnersjericho.nhs.uk



WALKS, TREATS AND DOGS

Watch out for information about wellbeing walks, free snacks, and visits from our canine support team (& Aristurtle!).

USEFUL CONTACTS

IN AN EMERGENCY DIAL 999

For non emergency health issues ring NHS direct on 111

Oxford University Counselling Service

3 Worcester Street, Oxford OX1 2BX
Tel: +44 (0)1865 270300
counselling@admin.ox.ac.uk

Oxford University Disability Advisory Service

3 Worcester Street, Oxford OX1 2BX
Tel. +44 (0)1865 280459
disability@admin.ox.ac.uk

Sexual Harassment & Violence Support Service

supportservice@admin.ox.ac.uk

The Samaritans (24/7 helpline)
Tel.116123 jo@samaritans.org

Mind help with mental health
+44 (0)300 123 3393 (9am-6pm weekdays)
info@mind.org.uk Text: 86463

Nightline all night student support line Tel.
+44 (0)1865 270270 or IM via
oxfordnightline.org/talk Hours 8pm—8am.

Togetherall 24/7 confidential online support service
<https://togetherall.com> follow the link



ST PETER'S COLLEGE

UNIVERSITY OF OXFORD

HEALTH, WELLBEING & WELFARE INFORMATION 2022-2023



ST PETER'S
COLLEGE



UNIVERSITY OF
OXFORD

DEAN FOR WELFARE



St Peter's Health, Wellbeing and Welfare Team is led by the Dean for Welfare, Eleanor Tingle. Eleanor is a music psychotherapist with many years of experience supporting people undergoing a variety of difficulties.

Eleanor is the College Gender, Sexualities and Orientations lead, and the College Disability Lead. You may contact Eleanor directly with any concerns you have, however large or small. A chat is usually possible within 24 hours.

eleanor.tingle@spc.ox.ac.uk (she/her)
Tel: +44 (0)1865 278865 / 07732 682165



Confidentiality

Members of the Health, Wellbeing and Welfare Team follow the same guidelines regarding confidentiality as counsellors and therapists.

WELFARE OFFICERS

Our two Welfare Officers, Serene Singh and Brian Micheni, are DPhil students who live onsite. They are trained in providing support.

**During term time a Welfare Officer is on call at night for emergencies. Contact via the Porters' Lodge
Tel. +44(0)1865 278900**

brian.micheni@spc.ox.ac.uk (he/him)
Tel. 07969 508472 staircase III/16



serene.singh@spc.ox.ac.uk (she/her)
Tel. 07969 508490 Staircase IV/17

COLLEGE REGISTRAR

Catherine Whalley is the College Registrar, and Disability Co-coordinator for the College. She can help with issues connected with academic matters or exams.

catherine.whalley@spc.ox.ac.uk (she/her)
Tel. +44 (0)1865 278864 Besse Ground Floor



CHAPLAIN

Our Chaplain, Elizabeth Pitkethly, is available to provide pastoral and spiritual support to everyone in the College community. She links to all faith communities and leads the Chapel services.



elizabeth.pitkethly@spc.ox.ac.uk (she/her)
Tel: +44 (0)1865 278905
Besse room 5 (Thursday, Friday, Sunday)

STUDENT FINANCE OFFICER

Katie Pullen-Rowland is available to support students seeking financial assistance and those who are looking for help in sorting out their finances.



katie.pullen-rowland@spc.ox.ac.uk (she/her)
Tel: +44 (0)1865 278936
Finance Office, Staircase III

JCR & MCR WELFARE REPS & PEER SUPPORTERS

To find students who are committed to supporting their peers, see www.spc.ox.ac.uk/welfare.